

## **True Read Blood Glucose Monitor User Instructions**

### **Time and Date**

1. Hold **S** button until meter beeps and full display appears.
2. Set time and date by moving arrows on the sides of the **S** button for adjustment.
3. When done setting time and date press **S** button until completely shut off.

### **Coding Meter**

1. Every box of strips has new chip that will need to be inserted into the monitor.

**(Chip will have to be changed every time a box of strips is opened.)**

2. Old chip will always have to be thrown away and replaced with new chip in new opened box of strips.

**(IF CHIP IS NOT THROWN AWAY THERE WILL NOT BE ACCURATE READINGS IN MONITOR)**

### **Blood Glucose Testing**

1. Patient should wash hands with soap and water or use alcohol and always wipe off alcohol before use.

2. Insert strip blue side face up white square side into monitor, monitor will automatically turn on.

**(No buttons will have to be pushed to turn monitor on)**

3. Patient should open Lancet device and place Lancet in place.

4. Patient should use any of the three fingers on either hand patient should not use thumb or pinky at all.

5. Lancet device should never be set at 5 the greater the number the deeper the prick. **(1-2 should be good.)**

6. After using lancet patient should use one small sample of blood and place against Test Strip until there is a beep.

7. After beep the monitor will count down from 10-1 glucose result should appear.

8. Glucose result should be written in Log Book. **(Small book in Monitor Box)**

9. MONITOR SHOULD ALWAYS BE TAKEN TO ANY APPOINTMENT AT CLINIC.

***Patients of DHP Program will receive free strips 1, 5,7th visit.***

**Strips #50 =\$10.00 Front Window**